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P88-Dietary Antigen Test

A Targeted Approach to Wellness



PATIENT INFO

NAME: **Sample Patient**
 REQUISITION ID: 2305120030
 DOB: 2/6/2006
 SAMPLE DATE: 5/8/2023
 RECEIVE DATE: 5/12/2023
 DRAFT DATE: 8/1/2023

CLINIC INFO

Research And Development
 ADDRESS: 135 Sample Lane
 Sample City, SS 11111
 PHONE: (000)-000-0000
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Patient Report: Summary

| DIETARY ANTIGEN | ALLERGY | | | SENSITIVITY | |
|-----------------|----------|----------|-------------------------------------|-------------|----------|
| | IgE | IgG4 | Immune Tolerance IgG4 > IgE Abs* | IgG | C3d |
| Almond | LOW | LOW | YES | | LOW |
| Apple | | | | | MODERATE |
| Asparagus | LOW | LOW | YES | LOW | MODERATE |
| Aspergillus Mix | MODERATE | | | LOW | LOW |
| Avocado | | | | | LOW |
| Banana | | LOW | YES | | MODERATE |
| Barley | LOW | | | | MODERATE |
| Beef | MODERATE | LOW | | | LOW |
| Black Pepper | MODERATE | LOW | | | LOW |
| Blueberry | LOW | LOW | | LOW | LOW |
| Brewer's Yeast | | LOW | YES | | LOW |
| Broccoli | LOW | | | | LOW |
| Cabbage | | LOW | | | LOW |
| Cacao | LOW | | | | LOW |
| Candida | LOW | | | LOW | LOW |
| Cantaloupe | MODERATE | LOW | | | LOW |
| Carrot | MODERATE | | | | MODERATE |
| Casein | LOW | | | LOW | |
| Cashew | | | | | MODERATE |
| Cauliflower | LOW | | | | LOW |
| Celery | LOW | LOW | | | LOW |
| Cherry | | | YES | | LOW |
| Chicken | LOW | | | | LOW |
| Cinnamon | | LOW | | | LOW |
| Clam | HIGH | MODERATE | | MODERATE | HIGH |
| Coconut | | | | | LOW |
| Codfish | LOW | LOW | | | MODERATE |
| Coffee | LOW | | | LOW | MODERATE |
| Corn | HIGH | LOW | | | LOW |
| Cottonseed | LOW | LOW | YES | | LOW |
| Cow's Milk | LOW | LOW | YES | LOW | |
| Crab | LOW | HIGH | YES | | LOW |
| Cucumber | | LOW | | | |
| Egg Albumin | LOW | LOW | YES | LOW | MODERATE |
| Egg Yolk | LOW | LOW | YES | | LOW |
| English Walnut | LOW | | | MODERATE | LOW |
| Flax Seed | | | | | LOW |
| Flounder | LOW | LOW | | | LOW |

This test has been developed and its performance characteristics determined by Precision Point Diagnostics. It has not been cleared by the U.S. Food and Drug Administration.

PATIENT NAME:

Sample Patient

REQUISITION ID:

2305120030

DRAFT DATE:

8/1/2023

Patient Report: Summary

| DIETARY ANTIGEN | ALLERGY | | | SENSITIVITY | |
|-----------------|----------|----------|-------------------------------------|-------------|----------|
| | IgE | IgG4 | Immune Tolerance IgG4 > IgE Abs* | IgG | C3d |
| Garlic | LOW | HIGH | YES | | MODERATE |
| Ginger | LOW | LOW | YES | | MODERATE |
| Gluten | MODERATE | HIGH | YES | LOW | LOW |
| Goat's Milk | LOW | LOW | | | |
| Grapefruit | MODERATE | HIGH | YES | MODERATE | MODERATE |
| Grapes | | | | | |
| Green Olive | | | | | LOW |
| Green Pea | | LOW | YES | | LOW |
| Green Pepper | LOW | | | | LOW |
| Halibut | MODERATE | LOW | | | LOW |
| Honeydew | LOW | LOW | YES | MODERATE | LOW |
| Hops | HIGH | LOW | | | LOW |
| Kidney Bean | LOW | LOW | YES | | LOW |
| Lemon | | | | | |
| Lettuce | | | | | LOW |
| Lima Bean | MODERATE | LOW | | | LOW |
| Lobster | MODERATE | LOW | | | MODERATE |
| Mushroom | LOW | LOW | YES | LOW | LOW |
| Mustard | LOW | LOW | YES | | LOW |
| Navy Bean | MODERATE | LOW | | | LOW |
| Oat | MODERATE | LOW | | | LOW |
| Onion | | | | | LOW |
| Orange | | | | | LOW |
| Peach | | | | | LOW |
| Peanut | | | YES | | HIGH |
| Pear | LOW | | | | LOW |
| Pecan | | | | | LOW |
| Pineapple | | | | | |
| Plum | | | | | |
| Pork | | LOW | | | MODERATE |
| Rice | LOW | LOW | | | HIGH |
| Rye | LOW | LOW | | | LOW |
| Salmon | LOW | | | | LOW |
| Scallops | LOW | | | | LOW |
| Sesame | LOW | LOW | | | LOW |
| Shrimp | HIGH | | | | LOW |
| Soybean | | | | | |
| Spinach | | LOW | YES | | |
| Strawberry | | LOW | | | HIGH |
| String Bean | LOW | LOW | YES | | LOW |
| Sweet Potato | MODERATE | | | | MODERATE |
| Tea | MODERATE | LOW | | LOW | LOW |
| Tomato | MODERATE | | | | |
| Tuna | LOW | | | | LOW |
| Turkey | | LOW | | | MODERATE |
| Vanilla | LOW | | | LOW | LOW |
| Watermelon | | LOW | | | LOW |
| White Potato | MODERATE | | | | MODERATE |
| Whole Wheat | LOW | | | | LOW |
| Yellow Squash | MODERATE | MODERATE | | LOW | LOW |

| Reference Range | High | Medium | Low | Normal |
|----------------------|---------|-----------|----------|--------|
| Increased Prevalence | > 10% | >= 50-90% | > 10-50% | < 10% |
| Average Prevalence | >Top 5% | >=75-95% | > 10-75% | < 10% |

Reference Range is based on how reactive a person is compared to population distribution.

Increased Prevalence: Foods that more people have a reaction to including dairy and casein, wheat and gluten, shellfish, tree nuts, and eggs.

Average Prevalence: All other foods.

* Immune Tolerance is based upon the absolute (Abs) value of IgG4 compared to the absolute value of IgE.

This is different from percent reactivity which is given in the summary page to easily see which foods are the most reactive. Find absolute values for each food in the references range on the test results between pages 8-14.

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PATIENT NAME:

Sample Patient

REQUISITION ID:

2305120030

DRAFT DATE:

8/1/2023

Patient Report: Less Restrictive Diet

Criteria for Less Restrictive Diet Logic

Eliminate: High IgG and/or High IgE foods

Rotate: Moderate IgG with High, Moderate, or Low Complement

Eliminate (IgG4): Based on presence of IgG-4 RD conditions (see Understanding the P88 for more information)

| NO LIMITATION | ROTATE | ELIMINATE | ELIMINATE (IgG4) |
|--|--|--|--|
| <p>These foods produce no immune reaction within your system at this time.</p> | <p>These foods should be rotated out of your diet for a period of 72 hrs or reduced in overall intake.</p> | <p>Remove these foods entirely from your diet.</p> | <p>Remove at Provider's Discretion</p> |
| <ul style="list-style-type: none"> Almond Apple Asparagus Aspergillus Mix Avocado Banana Barley Beef Black Pepper Blueberry Brewer's Yeast Broccoli Cabbage Cacao Candida Cantaloupe Carrot Casein Cashew Cauliflower Celery Cherry Chicken Cinnamon Coconut Codfish Coffee Cottonseed Cow's Milk Cucumber Egg Albumin Egg Yolk Flax Seed Flounder Ginger Goat's Milk Grapes Green Olive Green Pea Green Pepper Halibut Kidney Bean Lemon Lettuce Lima Bean Lobster Mushroom Mustard Navy Bean Oat Onion Orange Peach Peanut Pear Pecan Pineapple Plum Pork Rice Rye Salmon Scallops Sesame Soybean Spinach Strawberry String Bean Sweet Potato Tea Tomato Tuna Turkey Vanilla Watermelon White Potato Whole Wheat Yellow Squash | <ul style="list-style-type: none"> English Walnut Honeydew | <ul style="list-style-type: none"> Clam Corn Hops Shrimp | <ul style="list-style-type: none"> Crab Garlic Gluten Grapefruit |

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PATIENT NAME:

Sample Patient

REQUISITION ID:

2305120030

DRAFT DATE:

8/1/2023

Patient Report: More Restrictive Diet

Criteria for Logic of More Restrictive Diet

Eliminate: High and Moderate IgE and/or IgG

Rotate: Low IgG with High, Moderate or Low Complement

| NO LIMITATION | ROTATE | ELIMINATE | ELIMINATE (IgG4) |
|---|---|--|---------------------------------|
| These foods produce no immune reaction within your system at this time. | These foods should be rotated out of your diet for a period of 72 hrs or reduced in overall intake. | Remove these foods entirely from your diet. | Remove at Provider's Discretion |
| Almond Apple Avocado Banana Brewer's Yeast Broccoli Cabbage Cacao Casein Cashew Cauliflower Celery Cherry Chicken Cinnamon Coconut Codfish Cottonseed Cow's Milk Cucumber Egg Yolk Flax Seed Flounder Ginger Goat's Milk Grapes Green Olive Green Pea Green Pepper Kidney Bean Lemon Lettuce Mustard Onion Orange Peach Peanut Pear Pecan Pineapple Plum Pork Rice Salmon Scallops Sesame Soybean Spinach Strawberry String Bean Tuna Turkey Watermelon | Asparagus Blueberry Candida Coffee Egg Albumin Mushroom Vanilla | Aspergillus Mix Barley Beef Black Pepper Cantaloupe Carrot Clam Corn English Walnut Gluten Grapefruit Halibut Honeydew Hops Lima Bean Lobster Navy Bean Oat Rye Shrimp Sweet Potato Tea Tomato White Potato Whole Wheat Yellow Squash | Crab Garlic |

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PATIENT NAME:

Sample Patient

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DRAFT DATE:

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Patient Report: Immune Index

The Immune Index is a calculation in which IgE, IgG, C3d are added together to show cumulative reactivity. If IgG4 is greater than IgE it blocks the reaction and IgE is not added into cumulative inflammatory formula. This is used to highlight foods that are creating multiple immune reactions.

| Rank | DIETARY ANTIGEN | Immune Index |
|------|-----------------|--------------|
| 1 | Clam | HIGH |
| 2 | Grapefruit | HIGH |
| 3 | Gluten | MODERATE |
| 4 | Asparagus | MODERATE |
| 5 | Aspergillus Mix | MODERATE |
| 6 | Coffee | MODERATE |
| 7 | Egg Albumin | MODERATE |
| 8 | English Walnut | MODERATE |
| 9 | Honeydew | MODERATE |
| 10 | Yellow Squash | MODERATE |
| 11 | Tea | MODERATE |
| 12 | Blueberry | LOW |
| 13 | Candida | LOW |
| 14 | Carrot | LOW |
| 15 | Corn | LOW |
| 16 | Garlic | LOW |
| 17 | Lobster | LOW |
| 18 | Mushroom | LOW |
| 19 | Hops | LOW |
| 20 | Rice | LOW |
| 21 | Shrimp | LOW |
| 22 | Sweet Potato | LOW |
| 23 | Vanilla | LOW |
| 24 | White Potato | LOW |
| 25 | Barley | LOW |
| 26 | Beef | LOW |
| 27 | Black Pepper | LOW |
| 28 | Cantaloupe | LOW |
| 29 | Codfish | LOW |
| 30 | Crab | LOW |
| 31 | Halibut | LOW |
| 32 | Ginger | LOW |
| 33 | Navy Bean | LOW |
| 34 | Oat | LOW |
| 35 | Lima Bean | LOW |
| 36 | Almond | LOW |
| 37 | Broccoli | LOW |
| 38 | Cacao | LOW |
| 39 | Celery | LOW |
| 40 | Chicken | LOW |
| 41 | Cottonseed | LOW |
| 42 | Cauliflower | LOW |
| 43 | Egg Yolk | LOW |
| 44 | Flounder | LOW |

| Rank | DIETARY ANTIGEN | Immune Index |
|------|-----------------|--------------|
| 45 | Green Pepper | LOW |
| 46 | Kidney Bean | LOW |
| 47 | Mustard | LOW |
| 48 | Peanut | LOW |
| 49 | Pear | LOW |
| 50 | Rye | LOW |
| 51 | Salmon | LOW |
| 52 | Scallops | LOW |
| 53 | Sesame | LOW |
| 54 | Strawberry | LOW |
| 55 | String Bean | LOW |
| 56 | Tuna | LOW |
| 57 | Whole Wheat | LOW |
| 58 | Casein | LOW |
| 59 | Cow's Milk | LOW |
| 60 | Apple | LOW |
| 61 | Banana | LOW |
| 62 | Cashew | LOW |
| 63 | Pork | LOW |
| 64 | Tomato | LOW |
| 65 | Turkey | LOW |
| 66 | Avocado | |
| 67 | Brewer's Yeast | |
| 68 | Cabbage | |
| 69 | Cherry | |
| 70 | Cinnamon | |
| 71 | Coconut | |
| 72 | Green Olive | |
| 73 | Green Pea | |
| 74 | Flax Seed | |
| 75 | Lettuce | |
| 76 | Onion | |
| 77 | Orange | |
| 78 | Peach | |
| 79 | Pecan | |
| 80 | Watermelon | |
| 81 | Goat's Milk | |
| 82 | Cucumber | |
| 83 | Grapes | |
| 84 | Lemon | |
| 85 | Pineapple | |
| 86 | Plum | |
| 87 | Soybean | |
| 88 | Spinach | |

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PRECISION POINT DIAGNOSTICS

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P88-DAT (IgE/IgG4)

A Targeted Approach to Wellness

PATIENT INFO

NAME: **Sample Patient**
REQUISITION ID: 2305120030
DOB: 2/6/2006
SAMPLE DATE: 5/8/2023
RECEIVE DATE: 5/12/2023
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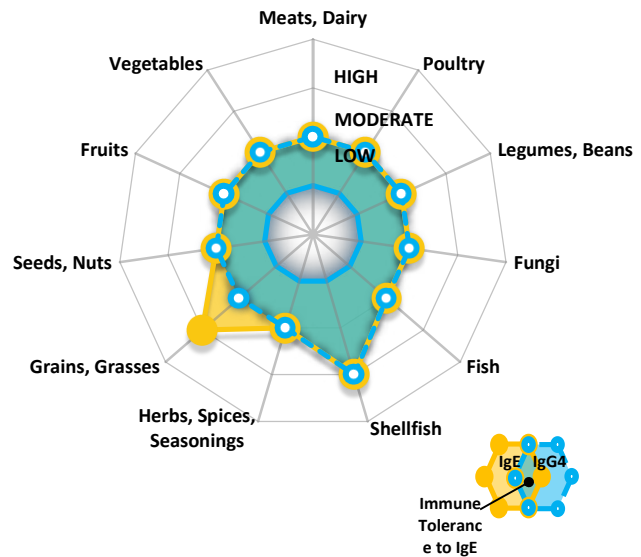
CLINIC INFO

Research And Development
ADDRESS: 135 Sample Lane
Sample City, SS 11111
PHONE: (000)-000-0000
FAX: (000)-000-0000

Physician Report: IgE/IgG4 Food Allergies

Dietary Antigen Exposure by Food Group

| | IgE | IgG4 |
|---------------------------|----------|----------|
| Meats, Dairy | LOW | LOW |
| Poultry | LOW | LOW |
| Legumes, Beans | LOW | LOW |
| Fungi | LOW | LOW |
| Fish | LOW | LOW |
| Shellfish | MODERATE | MODERATE |
| Herbs, Spices, Seasonings | LOW | LOW |
| Grains, Grasses | MODERATE | LOW |
| Seeds, Nuts | LOW | LOW |
| Fruits | LOW | LOW |
| Vegetables | LOW | LOW |



Dietary Antigen Exposure by Food Group

In this test, a human serum sample is probed for the presence of IgE and IgG4 antibodies which have an exact affinity for specific dietary allergens. Dietary allergens are clustered by the food groups shown in the table and graph above. The quantitative summation of the IgE and IgG4 results within the offending food groups are expressed graphically. The exclusion of the offending food group(s) from the diet has been shown to reduce the severity of symptoms associated with food allergies.

Immune Tolerance To IgE

In high levels, IgG4 antibodies alone can trigger an immune response within the body. However, data is available that provides support for the notion that IgG4 can serve another specific function of controlling antigen recognition by IgE and consequently regulating anaphylactic reactions and IgE-mediated immunity. IgG4 can act as a blocking agent by preventing IgE from binding to targeted receptor sites and releasing histamine. We refer to this as the Immune Tolerance to IgE.

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PATIENT NAME:

Sample Patient

REQUISITION ID:

2305120030

DRAFT DATE:

8/1/2023

Physician Report: IgE/IgG4 Food Allergies

Understanding the Key

These results show the quantitative amount of antigen the patient is making in response to individual foods.

Percent Reactivity denotes how reactive the patient is compared to the population in general. For example, if the patient is 95%, they are more reactive than 95 % of the population.

Immune Tolerance denotes that IgG4 is greater than IgE and will block the IgE reaction. That is to say, the patient has gained tolerance to the food.

Patient Results

| ANTIGEN | IgE (µg/mL) | RESULT | IgE % Reactivity | IMMUNE TOLERANCE TO IgE |
|----------------------------------|-------------|----------|------------------|-------------------------|
| MEATS, DAIRY | | | | |
| Beef | 10.60 | MODERATE | 89% | |
| Casein | 0.60 | LOW | 36% | |
| Cow's Milk | 1.08 | LOW | 44% | YES |
| Goat's Milk | 1.45 | LOW | 69% | |
| Pork | 0.00 | | 0% | |
| POULTRY | | | | |
| Chicken | 1.21 | LOW | 39% | |
| Egg Albumin | 14.94 | LOW | 54% | YES |
| Egg Yolk | 0.96 | LOW | 50% | YES |
| Turkey | 0.00 | | 0% | |
| LEGUMES, BEANS | | | | |
| Green Pea | 0.12 | | 0% | YES |
| Kidney Bean | 0.72 | LOW | 71% | YES |
| Lima Bean | 1.69 | MODERATE | 84% | |
| Navy Bean | 4.58 | MODERATE | 93% | |
| Peanut | 0.60 | | 4% | YES |
| Soybean | 0.96 | | 3% | |
| String Bean | 0.48 | LOW | 31% | YES |
| FUNGI | | | | |
| Aspergillus Mix | 1.81 | MODERATE | 78% | |
| Brewer's Yeast | 0.12 | | 2% | YES |
| Candida | 0.72 | LOW | 14% | |
| Mushroom | 0.48 | LOW | 31% | YES |
| FISH | | | | |
| Codfish | 0.84 | LOW | 36% | |
| Flounder | 0.84 | LOW | 44% | |
| Halibut | 2.65 | MODERATE | 69% | |
| Salmon | 0.60 | LOW | 0% | |
| Tuna | 0.72 | LOW | >99% | |
| SHELLFISH | | | | |
| Clam | 20.12 | HIGH | >99% | |
| Crab | 1.57 | LOW | 67% | YES |
| Lobster | 1.45 | MODERATE | 79% | |
| Scallops | 1.21 | LOW | 58% | |
| Shrimp | 1.33 | HIGH | 90% | |
| HERBS, SPICES, SEASONINGS | | | | |
| Black Pepper | 1.81 | MODERATE | 87% | |
| Cinnamon | 0.00 | | 0% | |
| Garlic | 1.08 | LOW | 61% | YES |
| Ginger | 0.72 | LOW | 39% | YES |
| Hops | 3.86 | HIGH | 96% | |
| Mustard | 1.21 | LOW | 66% | YES |
| Vanilla | 0.96 | LOW | 60% | |

| ANTIGEN | IgG4 (µg/mL) | RESULT | IgG4 % Reactivity |
|----------------------------------|--------------|----------|-------------------|
| MEATS, DAIRY | | | |
| Beef | 1.18 | LOW | 0% |
| Casein | 0.42 | | 0% |
| Cow's Milk | 1.09 | LOW | 0% |
| Goat's Milk | 0.67 | LOW | 0% |
| Pork | 0.92 | LOW | 0% |
| POULTRY | | | |
| Chicken | 0.00 | | 0% |
| Egg Albumin | 15.21 | LOW | 0% |
| Egg Yolk | 1.01 | LOW | 0% |
| Turkey | 0.92 | LOW | 0% |
| LEGUMES, BEANS | | | |
| Green Pea | 1.09 | LOW | 0% |
| Kidney Bean | 0.76 | LOW | 0% |
| Lima Bean | 0.84 | LOW | 57% |
| Navy Bean | 1.09 | LOW | 0% |
| Peanut | 1.43 | | 0% |
| Soybean | 0.50 | | 0% |
| String Bean | 0.67 | LOW | 0% |
| FUNGI | | | |
| Aspergillus Mix | 0.42 | | 0% |
| Brewer's Yeast | 0.84 | LOW | 0% |
| Candida | 0.00 | | 0% |
| Mushroom | 0.59 | LOW | 0% |
| FISH | | | |
| Codfish | 0.67 | LOW | 0% |
| Flounder | 0.59 | LOW | 0% |
| Halibut | 0.67 | LOW | 0% |
| Salmon | 0.17 | | 0% |
| Tuna | 0.00 | | 0% |
| SHELLFISH | | | |
| Clam | 6.81 | MODERATE | 88% |
| Crab | 36.56 | HIGH | >99% |
| Lobster | 0.42 | LOW | 0% |
| Scallops | 0.00 | | 0% |
| Shrimp | 0.00 | | 0% |
| HERBS, SPICES, SEASONINGS | | | |
| Black Pepper | 0.34 | LOW | 0% |
| Cinnamon | 0.67 | LOW | 0% |
| Garlic | 38.24 | HIGH | >99% |
| Ginger | 0.92 | LOW | 0% |
| Hops | 0.67 | LOW | 0% |
| Mustard | 7.40 | LOW | 55% |
| Vanilla | 0.25 | | 0% |

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PATIENT NAME:

Sample Patient

REQUISITION ID:

2305120030

DRAFT DATE:

8/1/2023

Physician Report: IgE/IgG4 Food Allergies

Patient Results

| ANTIGEN | IgE (µg/mL) | RESULT | IgE % Reactivity | IMMUNE TOLERANCE TO IgE |
|------------------------|-------------|----------|------------------|-------------------------|
| GRAINS, GRASSES | | | | |
| Barley | 0.48 | LOW | 51% | |
| Corn | 4.22 | HIGH | 98% | |
| Gluten | 5.78 | MODERATE | 68% | YES |
| Oat | 0.96 | MODERATE | 85% | |
| Rice | 0.96 | LOW | 75% | |
| Rye | 1.33 | LOW | 58% | |
| Whole Wheat | 0.60 | LOW | 32% | |
| SEEDS, NUTS | | | | |
| Almond | 0.60 | LOW | 30% | YES |
| Cacao | 0.36 | LOW | 22% | |
| Cashew | 0.24 | | 5% | |
| Coffee | 0.60 | LOW | 35% | |
| Cottonseed | 0.48 | LOW | 26% | YES |
| English Walnut | 0.72 | LOW | 51% | |
| Flax Seed | 0.00 | | 0% | |
| Pecan | 0.24 | | 4% | |
| Sesame | 0.48 | LOW | 59% | |
| FRUITS | | | | |
| Apple | 0.12 | | 2% | |
| Avocado | 0.24 | | 4% | |
| Banana | 0.12 | | 1% | YES |
| Blueberry | 0.96 | LOW | 40% | |
| Cantaloupe | 6.75 | MODERATE | 93% | |
| Cherry | 0.24 | | 6% | YES |
| Coconut | 0.24 | | 5% | |
| Cucumber | 0.00 | | 0% | |
| Grapefruit | 1.08 | MODERATE | 82% | YES |
| Grapes | 0.00 | | 0% | |
| Green Olive | 0.00 | | 0% | |
| Green Pepper | 0.60 | LOW | 45% | |
| Honeydew | 1.08 | LOW | 60% | YES |
| Lemon | 0.00 | | 0% | |
| Orange | 0.00 | | 0% | |
| Peach | 0.00 | | 0% | |
| Pear | 0.48 | LOW | 31% | |
| Pineapple | 0.00 | | 0% | |
| Plum | 0.00 | | 0% | |
| Strawberry | 0.00 | | 0% | |
| Tomato | 1.08 | MODERATE | 79% | |
| Watermelon | 0.00 | | 0% | |
| Yellow Squash | 9.16 | MODERATE | 89% | |
| VEGETABLES | | | | |
| Asparagus | 0.96 | LOW | 52% | YES |
| Broccoli | 0.36 | LOW | 11% | |
| Cabbage | 0.00 | | 0% | |
| Carrot | 1.69 | MODERATE | 86% | |
| Cauliflower | 0.60 | LOW | 52% | |
| Celery | 0.96 | LOW | 47% | |
| Lettuce | 0.00 | | 0% | |
| Onion | 0.00 | | 0% | |
| Spinach | 0.12 | | 3% | YES |
| Sweet Potato | 1.57 | MODERATE | 76% | |
| Tea | 1.08 | MODERATE | 80% | |
| White Potato | 1.69 | MODERATE | 84% | |

| ANTIGEN | IgG4 (µg/mL) | RESULT | IgG4 % Reactivity |
|------------------------|--------------|----------|-------------------|
| GRAINS, GRASSES | | | |
| Barley | 0.08 | | 0% |
| Corn | 1.26 | LOW | 0% |
| Gluten | 55.88 | HIGH | 93% |
| Oat | 0.84 | LOW | 0% |
| Rice | 0.92 | LOW | 66% |
| Rye | 0.84 | LOW | 0% |
| Whole Wheat | 0.00 | | 0% |
| SEEDS, NUTS | | | |
| Almond | 1.35 | LOW | 26% |
| Cacao | 0.00 | | 0% |
| Cashew | 0.00 | | 0% |
| Coffee | 0.17 | | 0% |
| Cottonseed | 0.76 | LOW | 0% |
| English Walnut | 0.17 | | 0% |
| Flax Seed | 0.00 | | 0% |
| Pecan | 0.00 | | 0% |
| Sesame | 0.25 | LOW | 0% |
| FRUITS | | | |
| Apple | 0.08 | | 0% |
| Avocado | 0.00 | | 0% |
| Banana | 0.59 | LOW | 0% |
| Blueberry | 0.76 | LOW | 0% |
| Cantaloupe | 1.35 | LOW | 0% |
| Cherry | 0.25 | | 0% |
| Coconut | 0.00 | | 0% |
| Cucumber | 0.25 | LOW | 0% |
| Grapefruit | 29.58 | HIGH | 97% |
| Grapes | 0.00 | | 0% |
| Green Olive | 0.00 | | 0% |
| Green Pepper | 0.17 | | 0% |
| Honeydew | 1.18 | LOW | 94% |
| Lemon | 0.00 | | 0% |
| Orange | 0.00 | | 0% |
| Peach | 0.17 | | 0% |
| Pear | 0.17 | | 0% |
| Pineapple | 0.00 | | 0% |
| Plum | 0.00 | | 0% |
| Strawberry | 0.67 | LOW | 0% |
| Tomato | 0.00 | | 0% |
| Watermelon | 0.84 | LOW | 0% |
| Yellow Squash | 4.20 | MODERATE | 85% |
| VEGETABLES | | | |
| Asparagus | 1.01 | LOW | 0% |
| Broccoli | 0.17 | | 0% |
| Cabbage | 0.50 | LOW | 0% |
| Carrot | 0.17 | | 0% |
| Cauliflower | 0.00 | | >99% |
| Celery | 0.59 | LOW | 0% |
| Lettuce | 0.00 | | 0% |
| Onion | 0.00 | | 0% |
| Spinach | 0.92 | LOW | 0% |
| Sweet Potato | 0.00 | | 0% |
| Tea | 0.34 | LOW | 0% |
| White Potato | 0.25 | | 0% |

This test has been developed and its performance characteristics determined by Precision Point Diagnostics. It has not been cleared by the U.S. Food and Drug Administration.



PRECISION POINT DIAGNOSTICS

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www.precisionpointdiagnostics.com

P88-DAT (IgG/C3d)

A Targeted Approach to Wellness

PATIENT INFO

NAME: **Sample Patient**
 REQUISITION ID: 2305120030
 DOB: 2/6/2006
 SAMPLE DATE: 5/8/2023
 RECEIVE DATE: 5/12/2023
 DRAFT DATE: 8/1/2023

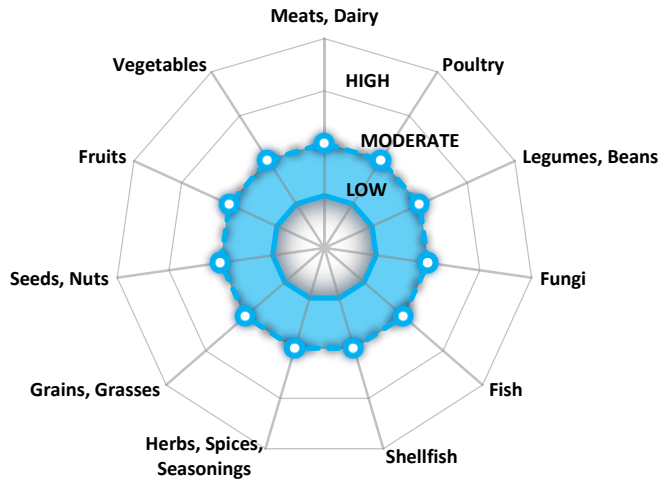
CLINIC INFO

Research And Development
 ADDRESS: 135 Sample Lane
 Sample City, SS 11111
 PHONE: (000)-000-0000
 FAX: (000)-000-0000

Physician Report: IgG/C3d Food Sensitivities

Dietary Antigen Exposure by Food Group

| | IgG |
|---------------------------|-----|
| Meats, Dairy | LOW |
| Poultry | LOW |
| Legumes, Beans | LOW |
| Fungi | LOW |
| Fish | LOW |
| Shellfish | LOW |
| Herbs, Spices, Seasonings | LOW |
| Grains, Grasses | LOW |
| Seeds, Nuts | LOW |
| Fruits | LOW |
| Vegetables | LOW |



Dietary Antigen Exposure by Food Group

In this test, a human serum sample is probed for the presence of IgG antibodies which have an exact affinity for specific dietary allergens. Dietary allergens are clustered by the food groups shown in the table and graph above. The quantitative summation of the IgG results within the offending food groups are expressed graphically. The exclusion of the offending food group(s) from the diet has been shown to reduce the severity of symptoms associated with food allergies.

This test has been developed and its performance characteristics determined by Precision Point Diagnostics. It has not been cleared by the U.S. Food and Drug Administration.

PATIENT NAME:

Sample Patient

REQUISITION ID:

2305120030

DRAFT DATE:

8/1/2023

Physician Report: IgG/C3d Food Sensitivities

Understanding the Key

These results show the quantitative amount of antigen the patient is making in response to individual foods.

Percent Reactivity denotes how reactive the patient is compared to the population in general. For example, if the patient is 95%, they are more reactive than 95 % of the population.

If a patient has both IgG and C3d the reaction will be 1000 fold or more greater than just having an IgG reaction alone. C3d alone will not provoke significant reactions.

Patient Results

| ANTIGEN | IgG (µg/mL) | RESULT | IgG % Reactivity |
|----------------------------------|-------------|----------|------------------|
| MEATS, DAIRY | | | |
| Beef | 0.00 | | 0% |
| Casein | 32.83 | LOW | 53% |
| Cow's Milk | 112.55 | LOW | 35% |
| Goat's Milk | 0.00 | | 0% |
| Pork | 0.00 | | 0% |
| POULTRY | | | |
| Chicken | 0.00 | | 0% |
| Egg Albumin | 25.88 | LOW | 16% |
| Egg Yolk | 0.00 | | 0% |
| Turkey | 0.00 | | 0% |
| LEGUMES, BEANS | | | |
| Green Pea | 0.00 | | 0% |
| Kidney Bean | 0.00 | | 0% |
| Lima Bean | 0.00 | | 0% |
| Navy Bean | 0.00 | | 0% |
| Peanut | 0.00 | | 0% |
| Soybean | 0.00 | | 0% |
| String Bean | 0.00 | | 0% |
| FUNGI | | | |
| Aspergillus Mix | 150.33 | LOW | 41% |
| Brewer's Yeast | 0.00 | | 0% |
| Candida | 31.67 | LOW | 18% |
| Mushroom | 24.26 | LOW | 16% |
| FISH | | | |
| Codfish | 0.00 | | 0% |
| Flounder | 0.00 | | 0% |
| Halibut | 0.00 | | 0% |
| Salmon | 0.00 | | 0% |
| Tuna | 0.00 | | 0% |
| SHELLFISH | | | |
| Clam | 29.59 | MODERATE | 81% |
| Crab | 0.00 | | 0% |
| Lobster | 0.00 | | 0% |
| Scallops | 0.00 | | 0% |
| Shrimp | 0.00 | | 0% |
| HERBS, SPICES, SEASONINGS | | | |
| Black Pepper | 6.4 | | 8% |
| Cinnamon | 0.0 | | 0% |
| Garlic | 0.0 | | 0% |
| Ginger | 4.3 | | 4% |
| Hops | 0.0 | | 0% |
| Mustard | 0.0 | | 0% |
| Vanilla | 54.4 | LOW | 60% |

| ANTIGEN | C3d (µg/mL) | RESULT | C3d % Reactivity |
|----------------------------------|-------------|----------|------------------|
| MEATS, DAIRY | | | |
| Beef | 1.37 | LOW | 39% |
| Casein | 0.00 | | 0% |
| Cow's Milk | 0.19 | | 3% |
| Goat's Milk | 0.00 | | 0% |
| Pork | 1.69 | MODERATE | 78% |
| POULTRY | | | |
| Chicken | 1.08 | LOW | 68% |
| Egg Albumin | 2.21 | MODERATE | 82% |
| Egg Yolk | 3.39 | LOW | 32% |
| Turkey | 1.98 | MODERATE | 92% |
| LEGUMES, BEANS | | | |
| Green Pea | 0.61 | LOW | 44% |
| Kidney Bean | 0.85 | LOW | 64% |
| Lima Bean | 0.99 | LOW | 58% |
| Navy Bean | 0.75 | LOW | 63% |
| Peanut | 2.12 | HIGH | 95% |
| Soybean | 0.66 | | 0% |
| String Bean | 0.80 | LOW | 67% |
| FUNGI | | | |
| Aspergillus Mix | 1.88 | LOW | 42% |
| Brewer's Yeast | 1.04 | LOW | 48% |
| Candida | 0.71 | LOW | 28% |
| Mushroom | 12.66 | LOW | 62% |
| FISH | | | |
| Codfish | 2.82 | MODERATE | 95% |
| Flounder | 0.75 | LOW | 57% |
| Halibut | 0.47 | LOW | 43% |
| Salmon | 0.71 | LOW | 70% |
| Tuna | 0.61 | LOW | 72% |
| SHELLFISH | | | |
| Clam | 3.25 | HIGH | 95% |
| Crab | 0.71 | LOW | 68% |
| Lobster | 1.13 | MODERATE | 76% |
| Scallops | 0.71 | LOW | 64% |
| Shrimp | 0.66 | LOW | 60% |
| HERBS, SPICES, SEASONINGS | | | |
| Black Pepper | 1.3 | LOW | 70% |
| Cinnamon | 0.2 | LOW | 51% |
| Garlic | 1.0 | MODERATE | 77% |
| Ginger | 2.4 | MODERATE | 77% |
| Hops | 0.8 | LOW | 46% |
| Mustard | 0.8 | LOW | 66% |
| Vanilla | 0.2 | LOW | 29% |

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PATIENT NAME:

Sample Patient

REQUISITION ID:

2305120030

DRAFT DATE:

8/1/2023

Physician Report: IgG/C3d Food Sensitivities

Patient Results

| ANTIGEN | IgG (µg/mL) | RESULT | IgG % Reactivity |
|------------------------|-------------|----------|------------------|
| GRAINS, GRASSES | | | |
| Barley | 0.00 | | 0% |
| Corn | 0.00 | | 0% |
| Gluten | 206.88 | LOW | 34% |
| Oat | 0.00 | | 0% |
| Rice | 0.00 | | 0% |
| Rye | 0.00 | | 0% |
| Whole Wheat | 0.00 | | 0% |
| SEEDS, NUTS | | | |
| Almond | 0.00 | | 0% |
| Cacao | 0.00 | | 0% |
| Cashew | 0.00 | | 0% |
| Coffee | 8.96 | LOW | 14% |
| Cottonseed | 0.00 | | 0% |
| English Walnut | 14.06 | MODERATE | 76% |
| Flax Seed | 0.00 | | 0% |
| Pecan | 1.08 | | 10% |
| Sesame | 0.00 | | 0% |
| FRUITS | | | |
| Apple | 0.00 | | 0% |
| Avocado | 0.00 | | 0% |
| Banana | 0.00 | | 0% |
| Blueberry | 3.17 | LOW | 14% |
| Cantaloupe | 0.00 | | 0% |
| Cherry | 0.00 | | 0% |
| Coconut | 0.00 | | 0% |
| Cucumber | 0.00 | | 0% |
| Grapefruit | 30.51 | MODERATE | 83% |
| Grapes | 0.00 | | 0% |
| Green Olive | 0.00 | | 0% |
| Green Pepper | 0.00 | | 0% |
| Honeydew | 5.95 | MODERATE | 86% |
| Lemon | 0.00 | | 0% |
| Orange | 0.00 | | 0% |
| Peach | 0.00 | | 0% |
| Pear | 0.00 | | 0% |
| Pineapple | 0.00 | | 0% |
| Plum | 0.00 | | 0% |
| Strawberry | 0.00 | | 0% |
| Tomato | 0.00 | | 0% |
| Watermelon | 0.00 | | 0% |
| Yellow Squash | 3.17 | LOW | 22% |
| VEGETABLES | | | |
| Asparagus | 18.93 | LOW | 28% |
| Broccoli | 0.00 | | 0% |
| Cabbage | 0.00 | | 0% |
| Carrot | 0.00 | | 0% |
| Cauliflower | 0.00 | | 0% |
| Celery | 0.00 | | 0% |
| Lettuce | 0.00 | | 0% |
| Onion | 0.00 | | 0% |
| Spinach | 0.00 | | 0% |
| Sweet Potato | 0.00 | | 0% |
| Tea | 11.97 | LOW | 56% |
| White Potato | 0.00 | | 0% |

| ANTIGEN | C3d (µg/mL) | RESULT | C3d % Reactivity |
|------------------------|-------------|----------|------------------|
| GRAINS, GRASSES | | | |
| Barley | 2.35 | MODERATE | 80% |
| Corn | 1.18 | LOW | 71% |
| Gluten | 0.66 | LOW | 38% |
| Oat | 0.24 | LOW | 65% |
| Rice | 2.49 | HIGH | >99% |
| Rye | 0.38 | LOW | 30% |
| Whole Wheat | 0.33 | LOW | 35% |
| SEEDS, NUTS | | | |
| Almond | 1.08 | LOW | 56% |
| Cacao | 0.71 | LOW | 68% |
| Cashew | 1.93 | MODERATE | 87% |
| Coffee | 4.80 | MODERATE | 88% |
| Cottonseed | 0.75 | LOW | 69% |
| English Walnut | 19.01 | LOW | 63% |
| Flax Seed | 0.19 | LOW | 23% |
| Pecan | 0.38 | LOW | 62% |
| Sesame | 0.05 | LOW | 12% |
| FRUITS | | | |
| Apple | 1.08 | MODERATE | 79% |
| Avocado | 1.55 | LOW | 17% |
| Banana | 1.37 | MODERATE | 88% |
| Blueberry | 5.69 | LOW | 61% |
| Cantaloupe | 0.66 | LOW | 45% |
| Cherry | 0.71 | LOW | 50% |
| Coconut | 0.57 | LOW | 67% |
| Cucumber | 0.00 | | 0% |
| Grapefruit | 0.38 | MODERATE | 84% |
| Grapes | 0.00 | | 0% |
| Green Olive | 0.19 | LOW | 34% |
| Green Pepper | 0.38 | LOW | 52% |
| Honeydew | 0.19 | LOW | 13% |
| Lemon | 0.00 | | 0% |
| Orange | 0.05 | LOW | 18% |
| Peach | 0.71 | LOW | 67% |
| Pear | 0.33 | LOW | 48% |
| Pineapple | 0.00 | | 0% |
| Plum | 0.05 | | 7% |
| Strawberry | 1.98 | HIGH | 97% |
| Tomato | 0.00 | | 0% |
| Watermelon | 0.24 | LOW | 30% |
| Yellow Squash | 3.01 | LOW | 39% |
| VEGETABLES | | | |
| Asparagus | 1.79 | MODERATE | 79% |
| Broccoli | 1.04 | LOW | 65% |
| Cabbage | 0.89 | | 12% |
| Carrot | 1.22 | MODERATE | 85% |
| Cauliflower | 0.19 | LOW | 41% |
| Celery | 0.89 | LOW | 58% |
| Lettuce | 0.47 | LOW | 50% |
| Onion | 0.24 | LOW | 58% |
| Spinach | 0.14 | | 6% |
| Sweet Potato | 8.85 | MODERATE | 92% |
| Tea | 0.09 | LOW | 28% |
| White Potato | 10.54 | MODERATE | 78% |

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PATIENT NAME:

Sample Patient

REQUISITION ID:

2305120030

DRAFT DATE:

8/1/2023

Physican Report: Biogenic Compounds List

This table shows grouping of reactions based on IgE, IgG and C3d in categories that are generally considered nonimmunogenic. If many reactions show up in a column, this may provide evidence to consider diets that remove foods that are high in these biogenic compounds, even those not included on this test, because the immune system has a pattern of reacting to foods in this category.

| DIETARY ANTIGEN | Oxalates | Amines | Glutamate | Histamine | Lectins | Nitrite | FOD-MAP | Phenol | Salicylates |
|-----------------|----------|--------|-----------|-----------|---------|---------|---------|--------|-------------|
| Almond | | | | | | | | | |
| Apple | | | | | | | M | M | |
| Asparagus | | | | | | | M | | |
| Avocado | | | | | | | | | |
| Banana | | | | | | | M | | |
| Barley | | | | | | | M | | |
| Blueberry | | | | | | | | | |
| Broccoli | | | | | | | | | |
| Cabbage | | | | | | | | | |
| Casein | | | | | | | | | |
| Cashew | | | | | | | M | | |
| Cauliflower | | | | | | | | | |
| Celery | | | | | | | | | |
| Coconut | | | | | | | | | |
| Coffee | M | | | | | | | | |
| Corn | | | H | | | | | | |
| Grapefruit | | | | | | | H | | |
| Kidney Bean | | | | | | | | | |
| Lettuce | | | | | | | | | |
| Mushroom | | | | | | | | | |
| Navy Bean | M | | | M | M | | M | | |
| Onion | | | | | | | | | |
| Orange | | | | | | | | | |
| Peach | | | | | | | | | |
| Peanut | | | | | | H | | H | |
| Pear | | | | | | | | | |
| Pineapple | | | | | | | | | |
| Plum | | | | | | | | | |
| Shrimp | | | | H | | | | | |
| Soybean | | | | | | | | | |
| Spinach | | | | | | | | | |
| Strawberry | | | | | | | | | H |
| Tea | M | | | | | | | | |
| Tomato | | M | M | M | M | | | M | M |
| Turkey | | | | | | | | M | |
| Watermelon | | | | | | | | | |
| White Potato | | | | | M | | | | |
| Whole Wheat | | | | | | | | | |



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